

Approved” \_\_\_\_\_

**Dainis Ritums**

*Member of the Board of Cycling  
sports club “RSK Tandēms”*

## **REGULATIONS**

### **INTERNATIONAL SPRING CYCLING RACE “DOBELES KAUSS 2022” AND FIRST STAGE OF YOUTH BALTIC CUP OF CYLING**

#### **Task and aim of competition.**

- To develop and popularize cycling in Latvia, Dobeles and Baltic states;
- To establish friendly relations with sports departments of Latvia and other Baltic countries;
- To determine the best riders in Latvia and Baltics.

#### **The organizers.**

- Latvian Cycling Federation (herein after: LCF ), cycling sports club “Tandems”, Town council of Dobeles, District council of Dobeles;
- The race taking place in accordance to the UCI (Union Cycliste Internationale) regulations;
- The race is officiated by sports club “Tandems” and LCF confirmed judges)

#### **Place and time.**

The race takes place in Apgulde, Kroņauce from 15th till 16th of April, 2022.

- Arrival day is 14th of April
- Start of Individual time trial on 15th of April at 12.00 a.m. – distance 5;10 km, Apgulde
- Start of road race on 16th of April at 10.00 a.m. – road race, 24;32;56;80 km, Kroņauce (1 lap 8km)

**1. Participants of the race.**

<b>Group</b>	<b>Birth years</b>	<b>Distance ITT</b>	<b>Distance road race</b>
Men/ women – D;DM	2011. – 2010. Allowed max. gears 6,40m	5km	-
Men/ women – C;CM	2009. – 2008. Allowed max. gears 6,40m	10km	32km/24km
Youth - B	2007. – 2006. Allowed max. gears 7,01m	10km	56km
Youth women - BM	2007. – 2006 Allowed max. gears 7,01m	10km	24km
Juniors, Junior women –A;AM	2005. - 2004. Allowed max. gears 7,93m	10km	80km/56km
U23, Elite	2003. and older	10km	80km
EliteW ,U22W ,CFAW	2003. and older	10km	56km
Cycling for all	CFA 2003.– 1988.	10km	80km
Master	V1 1987. – 1983.	10km	80km
	V2 1982. – 1978.	10km	80km
	V3 1977. – 1973.	10km	80km
	V4 1972. – 1967.	10km	80km
	V5 1967. – 1963.	10km	80km
	V6 1962. – 1958.	10km	80km
	V7 1957. and older	10km	32km

**2. PARTICIPATION FEE**

<b>Group</b>	<b>Participation fee</b>
D, DM	For free
C, CM, B, BM	10 EUR for both days or 5 EUR per one race day
A, AM	20 EUR for both days or 10 EUR per one race day
OPEN W, OPEN M, CFA, M1-M6	25 EUR for both days or 15 EUR per one race day
M7	For free

Participation fee can be paid by bank transfer or at race centre when receiving participant race number

### 3. RACE PROGRAMME

**Friday, April 15<sup>th</sup> 2022**

Individual time trial, start and finish in Apgulde

12:00 am: D; DM	5 km (Baltic, Latvian cup)
12:20 am: C; CM; M7	10 km (Baltic, Latvian cup 2 <sup>nd</sup> category)
13.30 pm: BM AM; EliteW; B;A;U23W; CFAW	10 km (Baltic, Latvian cup 2 <sup>nd</sup> category)
15:00 pm: CFA; M 1-6; Elite; U23	10 km (Baltic, Latvian cup 2 <sup>nd</sup> category)

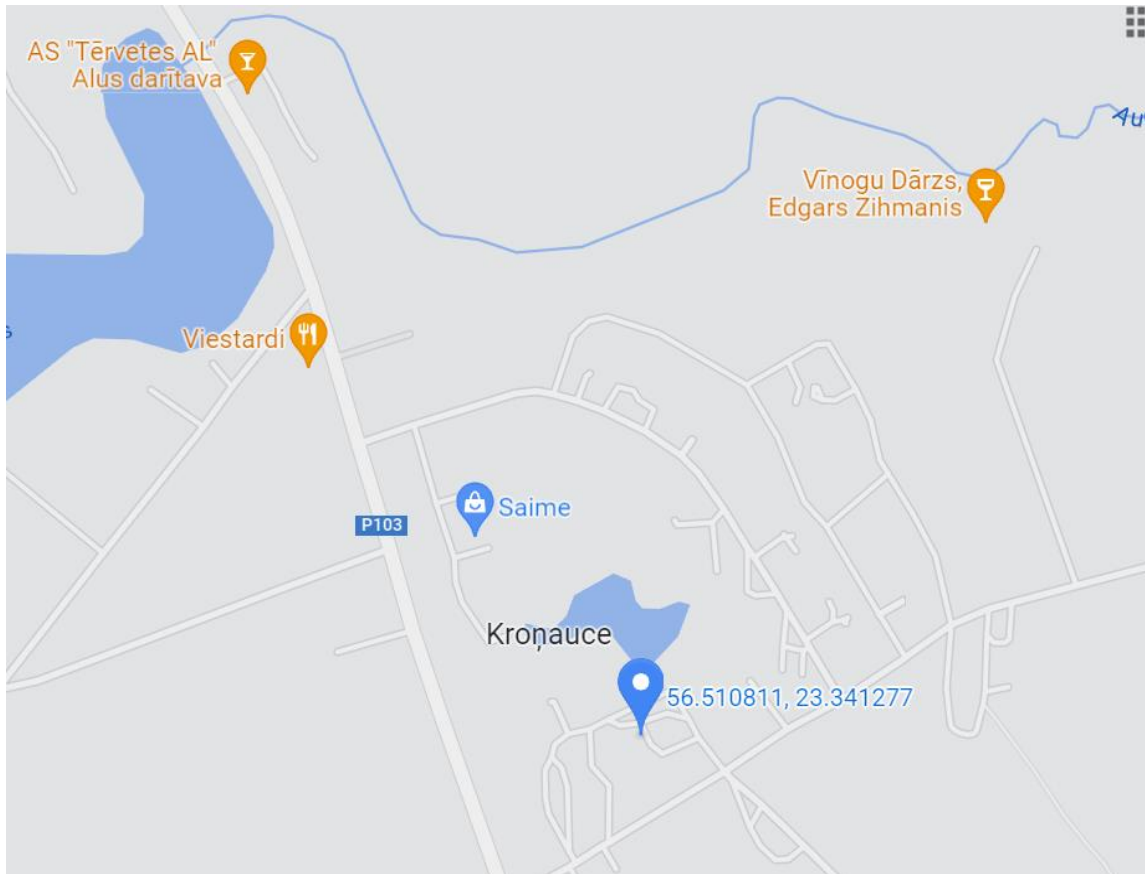


**Registration for the Individual time trial on the race day, 15<sup>th</sup> of April, will not be accepted**  
The start times are subject to change depending on the amount of registered participants.

## *Saturday, 16<sup>th</sup> of April 2022*

Road race with start and finish in Kronauce,  
besides A/S „Tērvete” administrative office.

10:00 am: CM; BM	20 km (Baltic, Latvian cup)
10:45 am: C, V7	30 km (Baltic, Latvian cup 3 <sup>rd</sup> category)
12:00 am: B; AM; EliteW; U23W,CFAW	50 km (Baltic, Latvian cup 1 <sup>st</sup> category)
13:30 pm: A; CFA; V 1-6, Elite + U23	80 km (Latvian cup 1 <sup>st</sup> category)



#### 4. RACE RESULTS.

- Each group is evaluated individually. The first to reach the finish line in each group or setting the fastest time in distance is declared the winner.
- Participant who are lapped during road race, are withdrawn from the race.

#### 5. ACCOMODATION COSTS OF PARTICIPANTS.

- Any accommodation costs **will not** be covered by the organisers of the competition.

## 6. PRIZES

- a. 1<sup>st</sup> to 3<sup>rd</sup> place winners of the race in each age group are awarded with individual prizes from race sponsors.

## 7. REGISTRATION FOR COMPETITION

- a. It's mandatory to register before the race, which can be done through home page [www.rkstandems.com](http://www.rkstandems.com) or by e-mailing the participants list to: [ritumsdainis@inbox.lv](mailto:ritumsdainis@inbox.lv).

Registration for the race end on 13<sup>th</sup> of April, 12:00.

## 8. ADDITIONAL INFORMATION

- a. Meeting of the teams' delegation on 15<sup>th</sup> of April at 11.00 a.m. in Start center in Apgulde
- b. Meeting of the teams' delegation on 16<sup>th</sup> of April takes place 15 minutes before each group road race start.

- c. Information about race organisers:

Cycling sports club „Tandēms”, e-mail - [ritumsdainis@inbox.lv](mailto:ritumsdainis@inbox.lv)

Chief organisator of the competition: Dainis Ritums, mob.phone. +37129275833,

e-mail: [ritumsdainis@inbox.lv](mailto:ritumsdainis@inbox.lv).

Please contact Dainis Ritums, in case of additional information or any questions related to the competition based on the credentials provided above.